

YOUNG AT HEART FALL/ WINTER 2025-26 LEAGUE RULES

1. LEAGUE FORMATION: This league shall consist of 16 teams with a playing strength of four (4) members per team. Team rosters will be limited to five (5) members. No new members may be added to a team's roster the last two weeks of the league schedule unless the team has a vacancy. The league will remain open for the addition of teams until week 3. Weeks missed by teams entering late may not be made up. Teams may be composed of all women, all men, or both men and women. This league shall bowl 32 consecutive Wednesdays starting AUGUST 27, 2025 and ending on APRIL 15, 2026, with 1 position round, week 32. The league will not bowl November 27, 2025 (Thanksgiving)
2. & December 24, 2025 (Christmas Eve) & December 31, 2025 (New Years Eve). All scheduled matches will start promptly at 9:00 AM (practice starts at 8:45 A.M. Any games missed due to emergency will be bowled the next scheduled Wednesday and extend the league ending date. The league will use the four (4) point system to determine wins and losses with one (1) point for each game won and on (1) point for total pins. All points awarded will be on a handicap basis.
3. MANAGEMENT: The management of this league shall be vested in the Board of Directors which shall consist of the officers of the league and each team captain. A majority of the teams must be represented before the league meeting can be held. The entire membership shall elect the league officers and shall elect the league rules by the show of hands. Any issues/problems within the League will be resolved by the Board of Directors. Officers will be elected at the League meeting to be held on the next Wednesday following the last day of bowling. At that time, nominations from the floor shall be accepted.
4. LEAGUE SANCTION: The league will be sanctioned with the United States Bowling Congress, USBC, through the local association. USBC dues are \$25.00, payable to HUSBC. USBC is \$15, Local is \$9.00 State is \$4=\$28.00.
5. FEES: The amount to be paid by each member each week shall be _\$_____, (\$10.00 lane fees and \$1.00 secretary /treasurer fees, _\$_____ for prize fund). Fee for the last two (2) weeks of the league schedule will be due by the 13th week of bowling, October 29, 2025. Team members are responsible for lane and prize fees starting on week one. The league standings will be posted on the HUSBC WEB. Team Captains shall collect fees from each team member, ensure the team pay envelope is correctly marked, and given to the Sec/Trea by the 5th frame of the 1st game. **Regular members shall be responsible for all fees even if the bowler is absent and may not at any time be more than two weeks in arrears.** Withdrawals from the account may only be made with the joint signatures of at least two (2) officers League funds will be deposited weekly at AMF. CHECKS WILL BE MADE OUT TO AMF. The League President and Sec/Treas. shall verify the account monthly.
6. Within the first 2 weeks of bowling, the President will appoint an Audit Committee of 3 members. The Audit committee will verify the dates and amounts of deposit, review supporting documents to determine that receipts and expenditures are proper and review the financial statement prepared by the Sec/Treas. To ensure it is a correct representation of the League's finances. The Audit Committee will perform its audit functions one time during the League schedule.

After the audit, the Audit Committee will complete the Audit report and present it to the President. At Least two (2) members of the committee must be present for the audit session.

7. ENTERING AVERAGES: Bowlers who bowled at least 21 games in the Young At Heart 2024-25 winter league will use that average for the first day of bowling. Bowlers who did not have 21 games bowled in the Young At Heart winter league will use their summer 2025 average if they bowled 21 games. If a bowler does not have average from neither league, a yearbook average will be used. If a bowler does not have a yearbook average, he/she will set an average the first day of bowling. Thereafter current averages will be used.
8. SUBSTITUTES/REPLACEMENTS: Substitutes will be allowed in this league. NO Substitutes are allowed to bowl position round and the last 2 weeks of the season. A team must be allowed to add a replacement when its roster is less than the playing strength of the league. Substitutes will not be allowed if league has started bowling. Pacers are not allowed. Expedite new bowler information to the Sec/Trea at least 15 minutes before bowling practice starts.
9. If a team or individual must withdraw, the following procedure is to be followed.
 - A. Two weeks notice must be given along with sufficient cause for resigning.
 - 1) A team shall give notice to the league secretary
 - 2) A member resigning from a team shall give notice to the captain and the league secretary.
 - b. The resigning member(s) must pay league fees for two weeks if the bowler is not replaced within that period.
 2. A bowler who has resigned may bowl in the same league later that season provided:
 - a. Proper notice and sufficient cause was given, and the individual bowls on the same team from which the bowler resigned. No vote of the team captains is required; or
 - b. Two-thirds written consent of the team captains is obtained when the bowler wants to bowl on a team other than the one the bowler resigned from.Members withdrawing from the league before the end of the schedule will forfeit all prize money unless the entire season is paid for.
10. HANDICAP: The handicap shall be 90 percent and shall be based on the differences between each individual's average and a scratch figure of 230. There shall be no limit on handicap.
11. LEGAL LINEUP: A legal line-up shall consist of ONE (1) regular member. A regular line-up must be present by the completion of the third frame of the first game and by the first frame of the second and third games or the game(s) will be forfeited.
12. FORFEITURES: The team present must bowl at least the team average less 40 pins to win each game point and must bowl at least the team average less 120 pins to win the series point.
13. VACANCY: The vacancy score shall be 120 plus handicap (99) and shall be used when a team has a legal line-up but less than (4) members.

14. ABSENTEE: The absentee score for each game shall be the absent members current average less ten (10) pins. When there are additional members on a team's roster, the absentee score of the absent member with most games bowled shall be used. If two absentee scores are needed, the average of the absentee with the next highest number of games shall be used. When two absent members have the same number of games, the lower absentee score shall be used.
15. TARDY PLAYERS: Tardy players will be allowed to enter game one from the first frame providing the game has not progressed past the last ball of the third frame, or agreement by both captains. Tardy players must be present at the start of games two and three.
16. POSTPONED OR PREBOWLED GAMES: The team captain must notify the league secretary before the start of league play if they wish to postpone the games scheduled for that date. Pre bowled games may be bowled at any time. Postponed games must be bowled within 7 days from the date originally scheduled. Team Captains must turn in score sheets and a printout of scores (from the bowling center's counter) to the Secretary/League officer present upon completion. If no Officer is present, have the bowling center personnel place the results in the Young at Heart folder. Printouts will be used for verification of scores.
17. BOWLING UNOPPOSED: Bowling unopposed will be permitted for TEAMS ONLY. No INDIVIDUAL UNOPPOSED BOWLING IS PERMITTED.
18. UNEVEN NUMBER OF TEAMS: If the league starts the season with an uneven number of teams or during the season losses or adds a team, the team scheduled against the nonexistent team must earn the points the same way as a forfeiture.
19. LEAGUE AWARDS: Handicap awards will start after 21 games. Most improved average will be the improvement from entering average or 21 games for bowlers without an entering average. Substitutes are not eligible for league awards.
20. POSITION MATCHES: Teams shall be paired according to their league position standings. Ties for position pairings shall be determined by total handicap pins. If teams/individuals tie, they will be determined by handicap for that position. Ties for prize money will be divided evenly.
21. PLAYOFFS: The playoff will consist of one game on the final day of bowling.
22. No non bowlers will be allowed in the bowler pit.

LEAGUE OFFICERS: PRESIDENT: CAROL COSTELLO 256-426-1669

V.PRES: CHARLES FREEMAN 650-270-7238

SECRETARY: LYNETTE BODART 256-533-6377

